



Lived Experience Opportunity

Oversight Group Member

Responsible to:	Lived Experience Lead
Hours of Work:	Approx 8 hours overall, 4 meetings x 2 hours over 6-month period
Location:	Bognor Regis Offices / online
Salary:	£12 per hour plus expenses
Contract:	Casual short-term opportunity

About CAPITAL

CAPITAL is led by its members, staff, trustees, and supporters – all of whom have lived experience of mental distress.

We were founded upon developing training for people with lived experience at a time when people had no voice, and we became the independent representation of the lived experience community in the county which influenced local mental health services.

We support a membership of about 200 people, offer training, support and a framework that ensures people can lead our work.

We also provide independent accredited peer support in-reach services to acute mental health wards in West Sussex, as well as monthly peer led Patient ViewPoint forums.

Since 2022 we started leading coproduction within the West Sussex Mental Health Community Transformation Programme and have set up a new independent lived experience network.

We are working alongside community organisations and groups in West Sussex to coproduce a longer-term vision for mental health services (and the priorities of the NHS Long Term Plan.)

CAPITAL is part of an alliance of Voluntary Community & Social Enterprise organisations delivering services and working together as Pathfinder West Sussex, with a view to making local services accessible for anyone needing mental health support.

Purpose of the Role

CAPITAL have been commissioned to bring the voice of service users to the Drug and Alcohol Partnership and how people with lived experience could help to offer solutions.

You will be required to help oversee CAPITAL and Drug and Alcohol Partnership (DAP) Coproduction Community Fund.

The Coproduction Community Fund will be available for people to support the Drug and Alcohol Partnership priorities in the county, through their own community initiatives and leadership.

At our launch event in November 2024, we heard people's stories, held workshops to get ideas and inspiration going about potential projects. People had a range of ideas for projects that could be funded. Your role will help action people's priorities through helping oversee the project.

You will work alongside the Lived Experience Lead and community organisations and the Council to effectively coproduce and develop solutions within the priorities of the county wide drugs action plan.

You will be responsible for coproducing our aims, objectives, planning and monitoring.

You will be required to attend at least four meetings over a 6-month period until May/June 2025.

This opportunity is for any one with lived experience of drug or alcohol harm or caring for someone who does.

You will work with and be supported by the Lived Experience lead.

Role Responsibilities

1. To attend at least four on-line meetings with other members of the oversight group.
2. To offer your knowledge and experience regarding drug/ alcohol harm and/or using support services to shape and develop the project.
3. To turn up on time or notify the Lived Experience Lead in good time of your reason for absence.
4. Work as part of a team, being non-judgemental and trauma aware.
5. To be able to work efficiently online e.g. join Teams or zoom, using hand up/chat functions.
6. Be responsible for helping the group make decisions regarding aims, objectives, planning and monitoring of the overall project.

7. Be responsible for helping the group decide and plan for any 'one off' workshops or additional groups.
8. Be responsible for raising any concerns about your wellbeing to the Lived Experience Lead.
9. Attend any training courses identified as being relevant to the role.

PERSON SPECIFICATION: Oversight Group member

Essential Qualities, Knowledge and Skills

1. Empathy with people who use mental health and drug or alcohol services.
2. Lived experience of drug and/or alcohol harm, experience using services or caring for someone who does.
3. Able to work effectively as part of a team and use own initiative.
4. Able to communicate effectively.
5. Have a non-judgemental attitude.
6. Committed to the ethos and values of CAPITAL.
7. Excellent organisational skills and ability to prioritise work.

For more information or to apply

Contact Sara Shepherd, Lived Experience Lead: sara.shepherd@capitalcharity.org

November 2024