CAPITAL

Diary of Events

Mar-25

Locality Meetings are in Bold - Voluntary Opportunities Highlighted in Grey

Date	Time	Purpose	Location	Who is Attending
Mon 3rd	lpm - 4pm	Capital Creative Group	Safe Haven, 32 Sudley Road	All Members Welcome
	1.30-3pm	East Grinstead Hub	Bognor Regis, PO21 1EL Crawley Down Room, Trinity Methodist Church, corner of London Road and Lingfield	All Welcome - email lucy.parsonage@capitalcharity.org for more details
			road, East Grinstead, RH19 2HA	
Tue 4th				
Weds 5th				
Thurs 6th	2pm - 4pm	Capital Connections	Safe Haven, 32 Sudley Road Bognor Regis, PO21 1EL	All Members Welcome
Friday 7th				
Mon 10th	1pm - 4pm	Capital Creative Group	Safe Haven, 32 Sudley Road Bognor Regis, PO21 1EL	All Members Welcome
	1.30 - 3pm	Crawley Hub	Staying Well (Waythrough/Richmond Fellowship) Ground Floor, 1 Amberley Ct, Whitworth Rd, Crawley, RH11 7XL (No 4&5 buses + car park)	All Welcome - email lucy.parsonage@capitalcharity.org for more details

		Brighthelm Centre	Book here:
	Sussex 2024	North Road, Brighton, BN1 1YD	https://www.eventbrite.com/e/celeb
			rating-peer-champions-in-sussex-
			2024-tickets-
			1117494358709?aff=oddtdtcreator
	SCALE meeting		Email
			coproduction@capitalcharity.org for
			more details
3.30 - 5.30	West Sussex LEAG meeting		Email
			coproduction@capitalcharity.org for
			more details
2pm - 4pm	Capital Connections	Safe Haven, 32 Sudley Road	All Members Welcome
		Bognor Regis, PO21 1EL	
lpm - 4pm	Capital Creative Group	Safe Haven, 32 Sudley Road	All Members Welcome
		Bognor Regis, PO21 1EL	
2pm - 4pm	Capital Connections	Safe Haven, 32 Sudley Road Bognor Regis, PO21 1FI	All Members Welcome
1	2pm - 4pm pm - 4pm	3.30 - 5.30 West Sussex LEAG meeting 2pm - 4pm Capital Connections pm - 4pm Capital Creative Group	West Sussex LEAG meeting 2pm - 4pm Capital Connections Safe Haven, 32 Sudley Road Bognor Regis, PO21 1EL pm - 4pm Capital Creative Group Safe Haven, 32 Sudley Road Bognor Regis, PO21 1EL

	2.30pm - 4pm	Haywards Heath Hub	St Richard's Ch, Sydney Rd, RH16 1QE	All Welcome - email lucy.parsonage@capitalproject.org for more details
Fri 21st				
Mon 24th	lpm - 4pm	Capital Creative Group	Safe Haven, 32 Sudley Road Bognor Regis, PO21 1EL	All Members Welcome
	1.30pm - 3pm	Crawley Hub	Staying Well (Waythrough/Richmond Fellowship) Ground Floor, 1 Amberley Ct, Whitworth Rd, Crawley, RH11 7XL (No 4&5 buses + car park)	All Welcome - email lucy.parsonage@capitalcharity.org for more details
Tue 25th				
Wed 26th				
Thur 27th	2pm - 4pm	Capital Connections	Safe Haven, 32 Sudley Road Bognor Regis, PO21 1EL	All Members Welcome
Fri 28th				
Mon 31st	lpm - 4pm	Capital Creative Group	Safe Haven, 32 Sudley Road Bognor Regis, PO21 1EL	All Members Welcome