

CAPITAL PROJECT TRUST

Diary of Events

Oct-22

Locality Meetings are in Bold - Voluntary Opportunities Highlighted in Grey

Date	Time	Purpose	Location	Who is Attending
Monday 3rd	10am - 12pm	Coffee Morning	Safe Haven, Bognor Regis	All Welcome
	1pm - 3pm	Art Group	Safe Haven, Bognor Regis	Spaces are limited - please call office on 01243 869662 to book a space
Tuesday 4th	11am - 12pm	Lived Experience Task Group	HYBRID Meeting Safe Haven, 32 Sudley Road, Bognor Regis and Online Via Teams	Please contact Helen Hayward on 07522 227945 or helen.hayward@capitalproject.org if you would like to attend
Wednesday 5th	10.30am-1.30pm	New Members Information Session - Getting to Know Us and Getting Involved	HYBRID Meeting Safe Haven, 32 Sudley Road, Bognor Regis and Online Via Teams	Please contact Helen Hayward on 07522 227945 or helen.hayward@capitalproject.org if you would like to attend
Thursday 6th				
Friday 7th				
World Mental Health Week 10th - 14th Oct - 'Make mental health and wellbeing for all a global priority'				
Monday 10th	World Mental Health Day			
	10am - 12pm	Coffee Morning	Safe Haven, Bognor Regis	All Welcome
	1pm-3pm	Art Group	Safe Haven, Bognor Regis	Spaces are limited - please call office on 01243 869662 to book a space
Tuesday 11th	2pm - 3pm	CAPITAL Website Editorial Meeting	Online - Zoom	All welcome, please contact Duncan Marshall duncan.marshall@capitalproject.org
Wednesday 12th				

Thursday 13th	10am - 12pm	AAW Locality Meeting	Offington Park Methodist Church, BN14 7TN	AAW Members - please email michelle.montesino-chinea@capitalproject.org
Friday 14th				
Monday 17th	10am - 12pm	Coffee Morning	Safe Haven, Bognor Regis	All Welcome
	1pm - 3pm	Art Group	Safe Haven, Bognor Regis	Spaces are limited - please call office on 01243 869662 to book a space
Tuesday 18th	11am - 12pm	Lived Experience Task Group	HYBRID Meeting Safe Haven, 32 Sudley Road, Bognor Regis and Online Via Teams	Please contact Helen Hayward on 07522 227945 or helen.hayward@capitalproject.org if you would like to attend
Wednesday 19th				
Thursday 20th				
Friday 21st				please email
October	10.00am-12.30pm	Patient Viewpoint	Langley Green Hospital, Crawley	latoya.labor@capitalproject.org
Monday 24th	10am - 12pm	Coffee Morning	Safe Haven, Bognor Regis	All Welcome
	1pm - 3pm	Art Group	Safe Haven, Bognor Regis	Spaces are limited - please call office on 01243 869662 to book a space
Tuesday 25th	2pm - 3pm	CAPITAL Website Editorial Meeting	Online - Zoom	All welcome, please contact Duncan Marshall duncan.marshall@capitalproject.org
Wednesday 26th				
Thursday 27th				
Friday 28th	11am - 2pm	Western Locality Meeting	Salvation Army Hub, Canada Grove, Bognor Regis	Western Members - Please email enquiries@capitalproject.org
	1.00pm-4.00pm	Northern Locality Meeting	Langley Green Hospital, Crawley	please email latoya.labor@capitalproject.org
Monday 31st	10am - 12pm	Coffee Morning	Safe Haven, Bognor Regis	All Welcome

	1pm - 3pm	Art Group	Safe Haven, Bognor Regis	Spaces are limited - please call office on 01243 869662 to book a space
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