

**CAPITAL PROJECT TRUST**

**Diary of Events**

**Nov-24**

**Locality Meetings are in Bold - Voluntary Opportunities Highlighted in Grey**

<b>Date</b>	<b>Time</b>	<b>Purpose</b>	<b>Location</b>	<b>Who is Attending</b>
Friday 1st				
Monday 4th	1pm - 4pm	Capital Creative Group	Safe Haven, 32 Sudley Road Bognor Regis, PO21 1EL	All Members Welcome
	1pm-3pm	East Grinstead Hub - includes Art Workshop	Crawley Down Room, Trinity Methodist Church, corner of London Road and Lingfield road, East Grinstead, RH19 2HA	All Welcome - email lucy.parsonage@capitalcharity.org for more details
Tuesday 5th	11am - 4pm	Drug & Alcohol Partnership Project	Sussex Barn, Field Place, The Boulevard, Worthing, BN13 1NP	email sara.shephard@capitalcharity.org or mark.mills@capitalcharity.org for more details
Weds 6th				
Thursday 7th	2pm - 4pm	Capital Connections	Safe Haven, 32 Sudley Road Bognor Regis, PO21 1EL	All Members Welcome
Friday 8th				
Monday 11th	1pm - 4pm	Capital Creative Group	Safe Haven, 32 Sudley Road Bognor Regis, PO21 1EL	All Members Welcome

	1pm - 3pm	Crawley Community Hub	<i>Trial new venue - Staying Well</i> (Waythrough/Richmond Fellowship) Ground Floor, 1 Amberley Ct, Whitworth Rd, Crawley RH11 7XL (No 4&5 buses + car park)	All Welcome - email <a href="mailto:lucy.parsonage@capitalcharity.org">lucy.parsonage@capitalcharity.org</a> for more details
Tuesday 12th				
Weds 13th				
Thurs 14th	10.3	AAW Meet up	Worthing Lido	contact <a href="mailto:heidi.tilney@capitalcharity.org">heidi.tilney@capitalcharity.org</a>
	2pm - 4pm	Capital Connections	Safe Haven, 32 Sudley Road Bognor Regis, PO21 1EL	All Members Welcome
Friday 15th				
Monday 18th	1pm - 4pm	Capital Creative Group	Safe Haven, 32 Sudley Road Bognor Regis, PO21 1EL	All Members Welcome
	6.30pm - 8pm	East Grinstead Hub	Weatherspoons, The Ounce and Ivy Bush, The Atrium, Little King Street, East Grinstead, RH19 3DJ	All Welcome - email <a href="mailto:lucy.parsonage@capitalproject.org">lucy.parsonage@capitalproject.org</a> for more details
Tuesday 19th				
Weds 20th				
Thurs 21st	2pm - 4pm	Capital Connections	Safe Haven, 32 Sudley Road Bognor Regis, PO21 1EL	All Members Welcome
Friday 22nd				

Monday 25th	1pm - 4pm	Capital Creative Group	Safe Haven, 32 Sudley Road Bognor Regis, PO21 1EL	All Members Welcome
	1pm - 3pm	Crawley Hub - Guest - Healthwatch West Sussex	Bill Buck Room, Crawley Library, RH10 6HG	All Welcome - email lucy.parsonage@capitalproject.org for more details
Tuesday 26th				
Weds 27th				
Thurs 28th	2pm - 4pm	Capital Connections	Safe Haven, 32 Sudley Road Bognor Regis, PO21 1EL	All Members Welcome
Friday 29th	11am - 2pm	<b>Western Locality</b>	Bognor Regis Library	All Welcome - email tabitha.thompsont@capitalcharity.org for more details